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| **Sunday** | **Monday** | August 2019**Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| Image result for celebrating 20 years | July 26 th  | **Pool Open 1-3****Weather permitting** |  | 19:00 Reminiscence -Bdrm10:00 Balance Class-3rd 10:10 Coffee Club-1st fl11:15 Wellness Class-3r2:00 BINGO-1st fl3:00 Tea at Three-2nd Floor 3:00 Bridge 2nd fl**3:00 Generation Gap Trivia-3rd floor**3:30-4:30 Tony’s Café Bar Open  | 29:00 Manotick Shopping 9:00 Chair Exercises9:30 Chair Exercises 3rd f10:10 Coffee Club—1st fl**2:00 Social Hour with Brian on Guitar**3:00 Tea at Three-2nd Floor 3:15 Euchre- Library3:30-4:30 Tony’s Café Bar Open  | 310:10 Coffee Club-1st fl10:15 Bingo 1st floor11:00 Tai Chi-3rd fl 2:00 Classic Movie Bridges of Madison County ”Theatre Room **2:00 Saturday Sundaes-1st floor**3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open Fem |
| 4  9:30 Chair Yoga For Seniors-3rd 10:10 Coffee Club –1st fl10:30 Giant Crossword-2nd t fl11:00 Catholic Rosary Prayer11:15 Catholic Communion **2:00 Entertainment with K Towne Trio -3rd fl**3:00 Tea at Three-2nd Floor **3:15 Bugs the Bunny Visits-1st floor**3:30-4:30 Tony’s Café Bar Open Fem | **5** **CIVIC STAT HOLIDAY** 10:10 Coffee Club1st d fl10:30 Catholic Rosary-chapel2:00 Movie “West Side Story ” Theatre Room3:15- Ice Cream3:00 Tea at Three-2nd Floor   | 6 *11:15 Men’s Luncheon Outing*10:00 Balance Class- 3rd10:10 Coffee Club -1st fl10:30 Brain Games-3rd fl 11:15 Wellness Class-3rd 1:30 Canasta with Peggy- 2nd fl2:00 Bingo-1st fl 3:00 Tea at Three-2nd Floor 3:30 Shuffleboard-1st fl3:30-4:30 Tony’s Café Bar Open 4:00 St John Ambulance Dog “Tesla”-1st floor | 7*9:00 Shopping at Billings*9:00 Chair Exercises9:30 Chair Exercises 3rd f10:10 Coffee Club-1st fl10:30 3rd Floor Activities**2:00 Music on the Patio with Arlene Quinn /campfire**2:00 Art Group 1st floor**2:30 Travelling Root Beer Floats** 3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open  | 89:00 Reminiscence -Bdrm10:00 Balance Class-3rd 10:10 Coffee Club-1st fl**10:45 Catholic Mass with Father Plant**11:15 Wellness Class-3r2:00 BINGO-1st fl3:00 Tea at Three-2nd Floor 3:00 Bridge 2nd fl3:30-4:30 Tony’s Café Bar Open  | 99:00 Manotick Shopping 9:00 Chair Exercises9:30 Chair Exercises 3rd f10:10 Coffee Club—1st fl10:30 Giant Crossword-2nd fl**2:00 Social Hour and Entertainment with Musical Memories**3:00 Tea at Three-2nd Floor 3:15 Euchre- Library3:30-4:30 Tony’s Café Bar Open  | 1010:10 Coffee Club—1st fl10:15 Bingo 1st floor11:00 Tai Chi-3rd fl 2:00 Classic Movie” Lassie Come Home Theatre Room 3:00 Tea at Three-2nd Floor J |
| 1110:10 Coffee Club -1st floor11:00 Catholic Rosary Prayer11:15 Catholic Communion 2:00 Movie Son of Lassie “Theatre Room 2:00 Ecumenical Service with Rev Gratton and Organist Deb3:00 Tea at Three-2nd Floor | 12 **Footcare Nurse In***9:00 Foodland /DollaramaGreely*9:15 Jeopardy-1st fl9:15 Cribbage-library10:10 Coffee Club -1st floor10:30 Chair Exercises 3rd f11:00 Chair Exercises 3rd fl10:30 Catholic Rosary-chapel**11-2 Home Sweet Home Vendor-1st** **1-1:30 Water Exercises- pool***1:30 Rideau Carleton Slots*2:00 Bingo2:00 Movie “Courage of Lassie ” Theatre Room3:00 Ice Cream 3:00 Tea at Three-2nd Fl3:30-4:30 Tony’s Café Bar Open  | 13 9:30 Walking Club- meet at Patio 10:00 Balance Class10:10 Coffee Club -1st floor10:30 Brain Games-3rd fl 11:15 Wellness Class 1:30 Canasta with Peggy- 2nd fl 2:00 Mystery Wine Tasting with Smokie Ridge -2nd floor3:00 Tea at Three-2nd Floor 3:30 Shuffleboard-1st f3:30-4:30 Tony’s Café Bar Open 4:00 St John Ambulance Dog “Tesla”-1st floor | 14*9:00 Shopping at Carlingwood and Lunch*9:00 Chair Exercises9:30 Chair Exercises 3rd f10:10 Coffee Club-1st fl10:30 3rd Floor Activities2:00 Art Group 1st fl2:00 Ottawa Therapy Dog Rufus Visits-3rd floor**2:30 Travelling Root Beer Floats** 3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open  | 159:00 Reminiscence -Bdrm10:00 Balance Class-3rd 10:10 Coffee Club-1st fl**10:45 Catholic Mass with Father Plant**11:15 Wellness Class-3rd*1:15 Sightseeing Bus Outing*2:00 Bingo-1st3:00 Bridge 2nd fl3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open  | 16*9:00 Manotick Shopping*9:00 Chair Exercises9:30 Chair Exercises 3rd f10:10 Coffee Club-1st fl**10:30 Shannon ‘s Singalong -3rd fl****2:00 Entertainment by Papa’s Friends and Social Hour**3:00 Tea at Three-2nd Floor3:15 Euchre- Library3:30-4:30 Tony’s Café Bar Open  | *17*10:10 Coffee Club-1st fl10:15 Bingo-1st fl 11:00 Tai Chi-3rd fl 2:00 Movie” When Harry met Sally ” Theatre Room3:00 Tea at Three-2nd Floor BA  |
| 1810:10 Coffee Club -1st floor10:30 Giant Crossword-2nd fl11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Ecumenical Service with Rev Gratton and Organist Deb2:00 Movie The Wizard of Oz Theatre Room 3:00 Tea at Three-2nd Floor  | 199:15 Jeopardy-1st fl9:15 Cribbage-library**10-11 OMS Walker Clinic** 10:10 Coffee Club -1st floor10:30 Catholic Rosary-chapel10:30 Chair Exercises 3rd f11:00 Chair Exercises 3rd fl**1-1:30 Water Exercises- pool**2:00 BINGO-1st fl2:00 Movie “Love’s Enduring Promise ” Theatre Room3:00 Ice Cream Cart-1st 3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open  | 20*9:00 Manicures/ Yazmin*9:30 Walking Club- meet at Patio 10:00 Balance Class10:10 Coffee Club -1st floor10:30 Brain Games-3rd fl 11:15 Wellness Class*11:30 Fishing Trip with Ron*1:30 Canasta with Peggy- 2nd fl2:00 Bingo-1st fl3:00 Tea at Three-2nd Floor **3:15 Current Events with Prof Cammy-3rd floor** 3:30-4:30 Tony’s Café Bar Open 3:30 Shuffleboard-1st fl4:00 St John Ambulance Dog “Tesla”-1st d floor | 21*6:00 Euchre with Liz**9:00 Shopping at Kemptville*9:00 Chair Exercises9:30 Chair Exercises 3rd f10:10 Coffee Club-1st fl10:30 3rd Floor Activities2:00 Ottawa Therapy Dog Rufus Visits-3rd floor2:00 Art Group 1st floor**2:30 Travelling Root Beer Floats** 3:00 Tea at Three-2nd Floor3:30-4:30 Tony’s Café Bar Open **3:00 Entertainment with George on Piano-3rd floor****5:30 GV Birthday party with George**  | 229:00 Reminiscence -Bdrm10:00 Balance Class-3rd 10:10 Coffee Club-1st fl11:15 Wellness Class-3rd2:00 Bingo-1s3:00 Tea at Three-2nd Floor 3:00 Bridge 2nd fl3:30-4:30 Tony’s Café Bar Open  | 23*9:00 Manotick Shopping*9:00 Chair Exercises9:30 Chair Exercises 3rd f10:10 Coffee Club-1st fl10:30 Giant Crossword-2nd **2:00 Entertainment with The Rivermen and Social Hour /**3:00 Tea at Three-2nd Floor3:15 Euchre- Library3:30-4:30 Tony’s Café Bar Open  | *24*10:10 Coffee Club-1st fl10:15 Ron’s Bingo1st d floor11:00 Tai Chi-3rd fl 2:00 Movie” Gone with the Wind ” Theatre Room3:00 Tea at Three-2nd Floor Ron  |
| **25**10:10 Coffee Club -1st floor11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Movie Theatre Room 2:00 Ecu Service Rev Gratton and Organist Deb2:00 Movie Fiddler on the Roof Theatre Room 3:00 Tea at Three-2nd Floor | **26 Footcare Nurse In**9:15 Jeopardy-1st fl9:15 Cribbage-library10:10 Coffee Club -1st floor10:30 Catholic Rosary-chapel10:30 Chair Exercises 3rd fl11:00 Chair Exercises 3rd fl**1-1:30 Water Exercises- pool**2:00 BINGO-1st fl2:00 Movie “Where the Red Fern Grows” Theatre Room3:00 Ice Cream Cart-1st 3:00 Tea at Three-2nd Floor**3:15 GWND Band-3rd fl**3:30-4:30 Tony’s Café Bar Open  | **27***9:00 Manicures/ Yazmin*9:30 Walking Club- meet at Patio 10:00 Balance Class10:10 Coffee Club -1st floor10:30 Brain Games*11- 12 Pounds Pulse /Pressure-Chapel*11:15 Wellness Class1:30 Canasta with Peggy- 2nd fl**2:00 Cocktail Demonstration with Tony- 1st floor**3:00 Tea at Three-2nd Floor 3:30 Shuffleboard-1st f3:30-4:30 Tony’s Café Bar Open 4:00 St John Ambulance Dog “Tesla”-1st floor | 28*9:00 Shopping at Barrhaven*9:00 Chair Exercises9:30 Chair Exercises 3rd f10:10 Coffee Club-1st fl10:30 3rd Floor Activities2:00 Ottawa Therapy Dog Rufus Visits-3rd floor2:00 Art Group 1st floor**2:30 Travelling Root Beer Floats** 3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open  | 299:00 Reminiscence -Bdrm**10:00 “New” Clothing by “Jonick Clothing”Vendor-1st fl**10:00 Balance Class-3rd 10:10 Coffee Club-1st fl11:15 Wellness Class-3rd2:00 Bingo-1s2:00 Residents Handwashing Demo3:00 Tea at Three-2nd Floor 3:00 Bridge 2nd fl3:30-4:30 Tony’s Café Bar Open Staff Handwashing In service 2:45 p.m. | 30*9:00 Manotick Shopping*9:00 Chair Exercises9:30 Chair Exercises 3rd f10:10 Coffee Club-1st fl10:30 Spelling Bee-2nd fl **2:00 Birthday Party and Entertainment with Alan Ryan and Social Hour** **/**3:00 Tea at Three-2nd Floor3:15 Euchre- Library3:30-4:30 Tony’s Café Bar Open  | *31*10:10 Coffee Club-1st fl10:15 Bingo-1st floor11:00 Tai Chi-3rd fl 2:00 Movie” The Sound of Music Theatre Room3:00 Tea at Three-2nd Floor Mee |
|   |  |  | Image result for celebrating 20 years |  |  | **July 29th**  |