

Orchard Walk Retirement

NEW.....Religious Channel

Channel 11 - A 24 hour religious channel was added to our television programs

In House Services



Hearing Aid Clinic
Sign up at Reception
Foot Care Nurse
In twice a month
Laundry Service
5 days a week
Eye Clinic Available
Multi-gen Dental
Clinic



Whirl Pool Bath
7 days a week
Jackie's Hair Salon
Books on Tape &
Large Print Books
Available
Aesthetician & Massage
Therapy



Looking for more information about
Orchard Walk Retirement
Community &
Garden View Senior Apartments?
Join us for lunch and a tour!
Please contact—Amie
at 613 821-2233 ext. 472



October
2018



The Messenger



Welcome
Claudia Mayville O.W.
John Marilyn Rumbles O.W.
Ed Boyd O.W.
Tony Kasvand O.W.
Bernie Diepman O.W.
Jean Williams O.W.

Wine Tasting Event



Wine Tasting Event
with Smokie Ridge
Tuesday, October 23rd
at 2:00 p.m.

Garden View Seniors Apartments



Special Event!!
Everyone Welcome!!!

Wurst
Party Ever

Octoberfest Party with "The International Set"
Monday, October 29th at 4:00 p.m.



Orchard Walk Retirement Community

O.W. Musical Entertainment

Hymn Sing with Rev. Hartman
Tues. Oct. 2nd at 4:00 p.m.

Entertainment with Al Mazur
Fri. Oct. 19th at 2:00 p.m.

Living Wish
Campfire & Sing along with Shannon
Wed. Oct. 3rd at 6:30 p.m.

Entertainment with The Concordia
German Choir
Sat. Oct. 20th at 2:00 p.m.

Entertainment with Noel Dimaranon
Fri. Oct. 5th at 2:30 p.m.

Entertainment with Marimba Players
Sun. Oct 21st at 3:15 p.m.

.Sing along with Margie, Bruce ,
Al & Friends
Fri. Oct. 12th at 2:00 p.m.

Entertainment with The Chords &
Birthday Bash
Fri. Oct. 26th at 2:00 p.m.

George Ritchie plays Piano
Wed. Oct. 17th at 2:00 p.m.



Out & About...



Bus Outings and Shopping trips:

Manotick Shopping
Morning
Fridays at 9:00 a.m.

Kemptville (Walmart)
Wed. Oct. 17th
at 9:00 a.m.

Rideau Carleton Slots
Mon. Oct. 25th
at 2:00 p.m.

Billings Bridge Mall
Wed. Oct. 3rd
at 9:00a.m.

Sightseeing Bus Trip
Thurs. Oct. 18th
at 1:30 p.m.

Carlingwood Mall &
Lunch out
Wed. Oct. 31st
at 9:00 a.m.

Barrhaven (Walmart)
Wed. Oct. 10th
at 9:00 a.m.

Giant Tiger (Bank St.)
Wed. Oct. 24th
At 9:00 a.m.



Entertainment with
Freddie Pitz & tasty treats!!

Wednesday, October 31st
at 3:00 p.m.

Orchard Walk Retirement



Resident of the Month.....



Bill Gilbert

Eleanor Radburn



Professional Referral Program

Call Amie for more information 613-821-2233



You could receive \$750

If the person(s) you have referred decides to move into Orchard Walk or Garden View, we will be pleased to reward you with a cheque for \$750 as a token of our appreciation following the move-in and after resident has



resided at the residence for 30 days.



Some conditions may apply*

This referral bonus can be donated to a charity of your choice, given back to the resident, or used towards a staff appreciation event.



Religious Services



Ecumenical Services

with Bob Caines and Rev. Ed Gratton
on Sundays at 2:00 p.m.

Ecumenical Service with Rev. Grant McNeil
Thursday, October 25th at 10:00 a.m.

Roman Catholic Mass with Father Titus
Thursday, October 4th & 18th at 10:45 a.m.

Roman Catholic Communion Sundays at 11:15 a.m.

Roman Catholic Rosary Prayer
Sundays at 11:00 a.m.
Mondays at 10:30 a.m.



Chair Exercise Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30 Chair Exercises	10:00 Balance Class	9:30 Chair Exercises	10:00 Balance Class	9:30 Chair Exercises	11:00 Tai Chi
	10:00 Chair Exercises	10:45 Wellness Class "New" 1:30 Chair Yoga	10:00 Chair Exercises	10:45 Wellness Class	10:00 Chair Exercises	



Chair Exercise Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2:00 Balance Class With Paul		10:45 Chair Exercise With Rozsa	2:00 Balance Class With Paul	10:45 Chair Exercise With Rozsa	



Memories.....



Memories.....

